



Yakima Health District

Media Release

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Contact: Lilián Bravo, Director of Public Health Partnerships

509-930-4787

Yakima County resident diagnosed with Multisystem Inflammatory Syndrome (MIS-C)

Yakima, WA— The Yakima Health District has been informed of a local child **under the age of 10** that has been diagnosed with Multisystem Inflammatory Syndrome (MIS-C) - related to COVID -19. The patient was a patient at Virginia Mason Memorial and was transferred to Seattle Children’s for more intensive care.

Multisystem Inflammatory Syndrome in Children (MIS-C) is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. The cause of MIS-C is still unknown. However, we know that many children with MIS-C had the virus that causes [COVID-19](#), or had been around someone with COVID-19. MIS-C can be serious, even deadly, but most children who were diagnosed with this condition have gotten better with medical care.

You should consider calling your child’s doctor immediately if your child has a persistent fever higher than 100.4F for several days **plus any of the following symptoms:**

- Irritability or decreased activity
- Abdominal pain without another explanation
- Diarrhea
- Vomiting
- Rash
- Conjunctivitis (red or pink eyes)
- Poor feeding
- Red, cracked lips or red, bumpy tongue that looks like a strawberry
- Swollen hands and feet, which might also be red

If your child is severely ill, go to the nearest emergency room or call **911** immediately.

“We unfortunately are now seeing serious complications in our youth who have had COVID-19, even though they are generally at low-risk for severe COVID-19 infection. We remind everyone that even though you may personally be low-risk, and may be infected without symptoms, your actions can lead to severe illness or death in others. Everyone needs to follow masking and social distancing recommendations to avoid being the cause of infection and severe illness in others, including our children, our elderly, and those with chronic conditions.” Dr. Teresa Everson, Health Officer, Yakima Health District.

For more information:

[Centers for Disease Control](#)

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