



City of Yakima

News Release

Subject: Daylight Saving Time Ends Sunday, November 5th

Contact: Communications & Public Affairs Director Randy Beehler – 901-1142

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Daylight Saving Time Ends Sunday, November 5th

Daylight saving time will officially end at 2:00 am on Sunday, November 5th. Clocks are set back one hour and many people set their clocks to "fall back" before they go to bed the night before, in this case Saturday, November 4th.

When you change your clocks, the National Safety Council suggests also taking the opportunity to conduct safety checks around the home. That includes checking the batteries in your smoke alarms and carbon monoxide detectors, reviewing your family emergency plan, taking unwanted or expired medicines to a prescription drop box, and updating your first aid kit.

Daylight saving time will resume at 2:00 am on Sunday, March 11th, 2018 when clocks will "spring forward" one hour.