



City of Yakima

News Release

Subject: Harman Center Wellness Fair

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Harman Center Offers Wellness Fair for Seniors

The City of Yakima Harman Center is hosting a free wellness fair this Friday, April 29th, for seniors. The Defying Aging Wellness Fair is 9:00 am to 2:00 pm Friday.

“This is our first wellness fair and we look forward to a great turnout,” said Recreation Program Supervisor Leslie Richards. “It’s all about seniors staying active and having healthy living habits.”

Multiple vendors and presentations are planned during the wellness fair.

“There are so many groups, clubs and services available to our senior population in the Yakima area,” said Richards. “This will be a great opportunity to learn about them all under one roof.”

The Harman Center is located at 101 North 65th Avenue. Call 575-6166 or visit <https://yakimaparks.com/senior-center/> for information about programs at the senior center.